

Goldilocks Child Assessments - Suggested Booklist for Attachment Programme

Birth & Babyhood:

- 101 Things to Do with a Baby. By Jan Ormerod. Viking Books.
- Peep Ho by Janet & Allan Ahlberg. Penguin.
- On the Night You Were Born by Nancy Tillman. Fiewel & Friends (Macmillan).
- Bye Bye Baby by Janet & Allan Ahlberg. Puffin Books.

Unconditional Love:

- Wherever you go...I go. By Beth Shoshan. Paragon Books: 2015.
- No Matter What by Debi Gloiri. Bloomsbury Paperbacks: 1999.
- Guess How Much I Love You by Sam McBratney. Walker Books.
- Guess How Much I Love You Here, There and Everywhere. By Sam McBratney. Walker Books: 2010.
- The Most Precious Thing by G Lewis, (2006) London: Little Tiger Press.
- I Love You Forever by Robert Munsch. Red Fox Publishers.
- Who Do You Love by Martin Waddell. Walker Books.

Promoting Attachment - Maternal:

- Humphrey's Corner by Sally Hunter. Viking Books (1999).
- A Kitten Called Moonlight by Martin Waddell. Walker Books. (2000)
- Rosie's Babies by Martin Waddell. Walker Books.
- I Love You Forever by Robert Munsch. London: Red Fox.
- When I Grow UP by Lennie Goddings. (2000). London: Macmillan.
- You and Me Little Bear by Martin Waddell. Walker Books (1996).
- Kiss Me. Illustrated by Anna Jones. Igloo Books.
- Me and my Mum by Helen Exley. Exley Giftbooks.
- Baby Goz by Steve Weatherill. Frances Lincoln Books.
- Five Minutes Peace by Jill Murphy. Walker Books.
- Owl Babies by Martin Waddell. Walker Books.
- Mum's the Word by Timothy Knapman & Jamie Littler. Hodder Children's Books.
- I Want a Cuddle by Malorie Blackman. Orchard Books.
- Give Me a Hug by Jillian Harker and June Goulding. Parragon Press.

Promoting Attachment – Paternal:

- I Want My Daddy by Tracey Corderoy and Alison Edgson. (2015. London: Little Tiger Press.
- There, There by Sam Mc Bratney. Published by Bruebaker, Ford & Friends.
- Let's Go Home Little Bear by Martin Waddell. Walker Books. (1991).
- 60 Classic Outdoor Games by Katie Hewitt. (2020). London; Collins & Brown.
- I Love my Daddy. By David Bedford and Brenna Vaughan. (2013) Bath: Paragon.
- Well Done Little Bear by Martin Waddell. Walker Books: 1999.
- Daddy and I by Lou Treleaven. London. Maverick Arts Publishing.
- The Shepherd Boy by Kim Lewis. Walker Books.
- Alfie Goes Camping by Shirley Hughes.
- Danny and the Great White Bear.
- Humphrey's Corner.

Understanding Feelings:

- In My Heart – A Book of Feelings by Jo Witek. Abrams Appleseed: New York.
- Sometimes I Feel..... by Penny Johnson & Kirsten Irving. Jellycat Books, (2016).
- I Have Feelings by Jana Novotny Hunter. Myriad Books: 200.
- The Angel and the Wild Animal. (Fight & Flight).
- Where the Wild Things Are by Maurice Sendak. Red Fox Books.
- The Rabbit Listened by Cori Doerrfeld. Dial Books / Penguin.

Encouraging Exploraton and Play:

- You and Me Little Bear by Martin Waddell. Walker Books: 1996.

- Sailor Bear by Martin Waddell. Walker Books: 1992.
- The Park in the Dark by Martin Waddell and Barbara Firth. Walker Books: 2002.
- Tales of Trotter Street by Shirley Hughes. Walker Books: 1998.
- The Big Big Sea by Martin Waddell. Walker Books. 1994.
- The Little Train by Graham Greene. Puffin Books.
- Brown Paper Bear by Neil Reid. Bonney Press. 2012.
- Sophie and the Sea Wolf. By Helen Cresswell & Jason Cockcroft. Hodder Children's Books.
- Alfie's Out of Doors Book.
- A Little Bit Brave by Nicola Kinnear. Alison Green Books.
- When I Grow UP by Lennie Goodings & Jenny Jones. Macmillan.
- Good Luck Baby Owls by Giles & Alexandra Milton. Boxer Books.
- The Magic Bed by John Burningham. Red Fox Books.
- Humphrey's Playtime by Sally Hunter. Igloo Books.
- Let's Go Home Little Bear by Martin Waddell. Walker Books.

Anxiety and Sleep Difficulties:

- The Rabbit Who Wants to Fall Asleep. By Carl Johan Forssen Ehrlin. Ladybird Books: 2015.
- Can't You Sleep Little Bear by Martin Waddell. Walker Books: 1988.
- Sleep Tight Little Bear by Martin Waddell. Walker Books: 2005.
- Goodnight Copycat by Richard Edwards. Myriad Books: 2003.
- Humphrey's Bedtime by Sally Hunter. Puffin Books: 2000.
- Goodnight Copycat by Richard Edwards and Susan Winter. Myriad Books (2003).
- The Bears in the Bed and the Great Big Story by Paul Bright & Jane Chapman. (200*) London. Little Tiger Press.
- The Sleepy Pebble & Other Stories. (Calming Tales to be told at bedtime) by Alice Gregory & Cristy Kirkpatrick. Flying Eye Books.
- Newton. By Rory Tyger. The Book People / Ted Smart.
- The Nodland Express by Anna Clarke. Macmillan Books.
- I Can't Get to Sleep by Frank Rodgers. Mammoth Books.
- What's Worrying You by Molly Potter. Featherstone Books.
- You're Safe Now Waterdog by Richard Edwards. Wolfhound Press.

Worries:

- The Huge Bag of Worries by Virginia Ironside. Hodder Children's Books: 1996.
- A Terrible Thing Happened by Margaret, M. Holmes. Imagination Press: 2002.
- Dear Bear by Joanna Harrison. Harper Collins London: 1994.
- Don't Worry William by Christine Morton. Ladybird Picture Books:
- There, There by Sam McBratney. Brubaker, Ford and Friends.
- The Knight who was Afraid of the Dark.
- Izzy and Skunk. By Marie-Louise Fitzpatrick. David & Charles Books.
- Scaredy Bear by Steve Smallman & Caroline Pedler. Little Tiger Books.
- Oscar and Hoo. By Theo & Michael Dulok De Wit. Collins Books.
- The Beast Beneath my Bed. By Clemency Pearce & Laura Hughes. Bonney Press.
- The Magic Moment by Niall Breslin. Gill Books.
- The Worrysaurus by Rachel Bright. Orchard Books.

Separation Anxiety:

- Amy's Three Best Things by Phillipa Pearce. Walker Books: 2013.
- Edward's First Night Away by Rosemary Wells. Children's Poolbeg Press. (1996).
- The Invisible String by Patrice Karst. (2000) DeVorss Publications: California.
- No Babysitters Allowed by Amber Stewart. Bloomsbury.
- The Stray Kitten by Judy Waite & Gavin Rowe. Little Tiger Books.
- Sleep Tight Little Bear by Martin Waddell. Walker Books.
- The Lost Doll by Mike Dodd & Jean Richardson. Puffin Books.
- Alfie Gets in First by Shirley Hughes. Picture Lions Books.

Foster Care:

- Murphy's Three Homes by Jan Levinson Gilman. Imagination Press. US. (Foster Care).

- Buffy. An Adventure Story by Bob Graham. Walker Books.

Hide & Seek and Feeling 'Found':

- You and Me, Little Bear by Martin Waddell, Walker Books: 1996.
- Hiding by Shirley Hughes. Walker Books.

Danger & Rescue:

- The Stray Kitten.
- A Kitten Called Moonlight.
- Baby Rhino's Escape.
- Herriot's Stories for Children.
- Buffy – An Adventure Story by Bob Graham. Walker Books.
- A Kitten Called Moonlight by Martin Waddell. Walker Books: 2001.
- You're Safe Now, Waterdog by Richard Edwards. Wolfhound Press.

Teddies and Transitional Objects;

- Hamish by Moira Munro. Myriad Books: 2003.
- The Raggy Taggy Toys by Joyce Dunbar. Orchard Books: 1988.
- The Velveteen Rabbit by Margery Williams. Rosy Crow Books: 2016.
- Don't Worry William by Christine Morton. Picture Ladybird.
- The Raggy Taggy Toys. By Joyce Dunbar. Orchard Books.
- Dogger by Shirley Hughes.
- Bonting.
- Alpaca. By Rosemary Billam. Picture Lions Books.
- Tim and the Blanket Thief. By John Prater. Atheneum / Macmillan Publishing.
- Emma's Doll.
- Sophie and Rose.
- Where's My Teddy. By Jez Alborough. Walker Books.
- The Lost Teddy by Dona Casarin & Stephanie Blanchart. Myriad Books.

Nursery Rhymes:

- Nursery Rhymes by Jonathan Langley. Picture Lions (1992).
- Nursery Rhymes (with CD). Illustrated by Kate Toms. Make Believe Ideas, US.

Socialisation with other children:

- Tales of Trotter Street by Shirley Hughes, (1998). Walker Books.
- Little Beaver and the Echo. By Amy MacDonald & Sarah Fox-Davies. Walker Books.
- Leon and Bob.
- Alfie Gives a Hand. By Shirley Hughes.
- I'm not your Friend.
- The Rhyming Rabbit by Julia Donaldson & Lydia Monks. Macmillan.
- Tattletale by Miles McHale. Curious Fox Books.
- This is Our House by Michael Rosen & Bob Graham. Walker Books.
- Angelina at the Fair by Katherine Holabird. Viking /Puffin.
- Alfie's Shop by Shirley Hughes. Random House.
- The Big Alfie and Annie Rose Story Book by Shirley Hughes. Red Fox Books.
- Poppy's Babies by Jull Barklem. Picture Lions Books.

Withdrawn Child:

- The Secret Garden by Frances Hodgson Burnett. Collins Classics
- The Dog Who Lost his Bark by Eoin Colfer. Walker Books.
- The Rabbit Listened by Cori Doerrfeld. Penguin Young Readers.
- I Go Quiet by David Ouimet. Canon Gate Books.
- I'm a Tiger Too by Marie Louise Fitzpatrick. Wolfhound Press.

Myth and Fairy Tales:

The Faber Storybook, Edited by Kathleen Lines. Faber and Faber, 1961.

Developing Imagination:

- I'm a Tiger Too.
- Beryl's Box.
- The Children who Loved Books by Peter Carnavas. New Frontier Publishing.
- I Love My Little Story Book by Anita Jeram. Walker Books.

Sibling Issues:

- Don't be Horrid Henry. By Francesca Simon. Dolphin Books.
- When the Teddy Bears Came.
- Billy and the Baby.
- The Trouble with Babies.
- Angelina's Baby Sister by Katherine Holabird. Penguin Books.
- A Bed of Your Own by Mij Kelly & Mary McQuillan. Hodder Children's Books.

Healing Stories:

- 101 Healing Stories for Teens and Kids (Healing Stories in Therapy) by George W. Burns. Wiley.

Hero & Dragon Story:

- The Book of Beasts by E. Nesbitt. Walker Books.

Childhood Wisdom:

- The Boy, the Mole, The Fox and the Horse by Charlie Mackesy. Penguin Books.

Stories for Older Children:

- Stories by Firelight by Shirley Hughes. Red Fox Books.
- The Little House on the Prairie by Laura Ingalls Wilder. Harper Collins, (1999).
- Stories for Children by Oscar Wilde. Beehive Books, (1995).
- Anne of Green Gables by L.M Montgomery.
- Treasury of Inspirational Stories for Children by James Herriott. St Martin's Griffin. US.
- The Secret Garden by Frances Hodgson Burnett.
- The Dog who lost his Bark by Eoin Colfer. Walker Books
- The Boy, the Mole, the Fox and the Horse by Charlie Mackesy. Penguin Books.
- The Wizard of OZ, as told by Toto the Dog. By Michael Morpurgo.
- Because of Winn-Dixie by Kate DiCamillo. Walker Books.
- The Wind in the Willows by Kenneth Grahame. Parragon Books.
- The Railway Children by E. Nesbit. Vintage Classics.
- Stories for Children by Oscar Wilde. Beehive Books.
- Little House on the Prairie by Laura Ingalls Wilder. Harper Collins.
- A Medal for Leroy by Michael Morpurgo. Harper Collins.
- Muck & Magic by Michael Morpurgo. Walker Books.
- Mr Cleghorn's Seal by Judith Kerr. Harper Collins Books.
- Famous Five by Enid Blyton. Penguin Books.

(the children's books recommended above can be obtained from The Book Depository – www.bookdepository.com)

