**Decider Skills**

**(Two-day course)**

This is an interdisciplinary event between Social Care Ireland (SCI), The Irish Association of Social Workers (IASW), the Irish Association of Speech and Language Therapists (IASLT), The Irish Nutrition and Dietetic Institute (INDI), the Association of Occupational Therapists of Ireland (AOTI), and the Society of Chiropodists and podiatrists of Ireland (SCPI)**.** This advanced level course will appeal to social care practitioners who have no previous training or CPD activities in this area.

**Why take part in this course?**

The aim of the course is to teach clinicians how to present 32 CBT and DBT informed skills to clients and to discuss the development, evidence base and theoretical underpinning of each skill. These skills enable clients to lead a more skilful, less impulsive life. The Decider Skills Manual contains 32 CBT & DBT skills for individuals and groups with mental health problems. Each skill has its own evidence base, client handout, clinician page, visual and prop, and hand sign. Real-life examples are used and each skill is taught in a discuss-demonstrate-discuss format. The demonstrations bring the skills to life. The clinician page provides a detailed explanation for the clinician on how to teach and present the skill.

**Learning Outcomes:**

* Be able to implement The Decider in practice
* Run groups in order to teach clients Decider skills
* Use the Decider website to access resources /teaching materials as required
* Use Decider skills on a one to one therapy basis
* Integrate Decider skills to other mental health therapy arena.

For further details, please visit the event page on [www.socialcareireland.ie](http://www.socialcareireland.ie)

To apply for a place on the course, please complete the form below and email [cpd@socialcareireland.ie](mailto:cpd@socialcareireland.ie)

The closing date for applications is **Friday 28th July 2023.** The information you provide will be reviewed by Charlotte Burke CPD Coordinator in SCI and eligible applicants offered a place on a first come, first served basis.

This course has been funded by the HSCP Office, HSE. As such, places are available to social care workers working in the publicly funded healthcare service.

Name

Phone number

Email address

Work address

Role

I am employed in the publicly funded healthcare service yes no

I have secured agreement from my employer that I will be released from work duties on the course dates

yes no

I give my permission for Charlotte Burke to contact my line manager (with whom I have agreed my attendance at this course) to confirm my registration for this course, if offered a place yes no

**Line Manager Contact Details**

Name

Email

Phone number